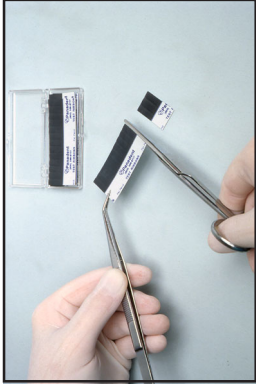
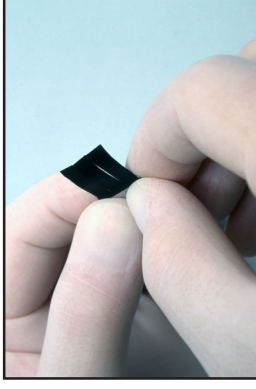




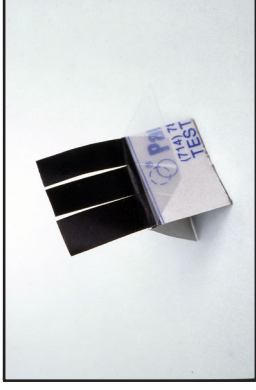
1. Pick up one strip of test ribbons with sterile forceps or cotton pliers (black for ceramic restorations, red for gold restorations).



2. Cut off desired number of test ribbons (usually three) to create individual packet.



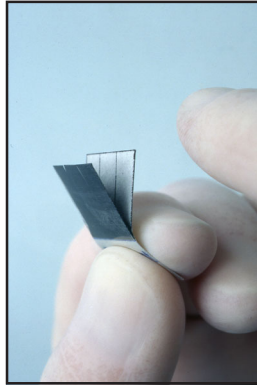
7. Pinch clear protective and paper backing sheets with thumbs and index fingers of both hands at base of ribbons to crease protective sheets and cause ribbons to stand upright.



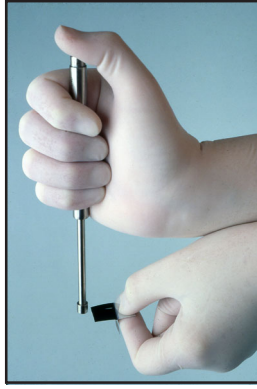
8. When creased, paper backing sheet and printed paper base make a convenient stand for ribbon packet.



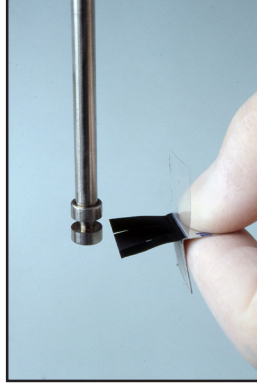
3. Hold printed paper base of ribbon packet with the left hand. With index finger of right hand, bend ribbon end of packet tightly over left index finger.



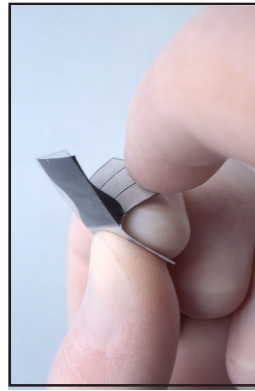
4. Slide right index finger downward past free ends of ribbons. This will separate heavy paper backing from test ribbons.



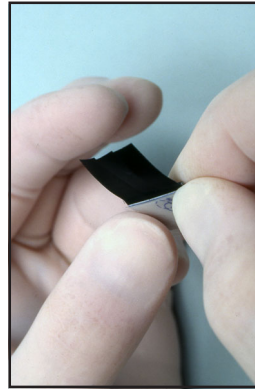
9. Grasp Forcep handle with all four fingers of right hand, bring both wrists together to support each other. Depress button with right thumb to open jaws of forceps.



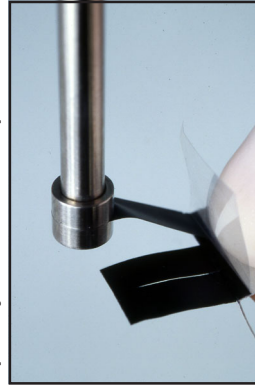
10. With Forceps jaws open, bring jaws over free end of most lateral test ribbon



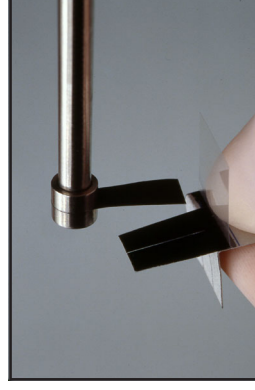
5. Press right index finger against paper backing to bend paper backing down against left index finger.



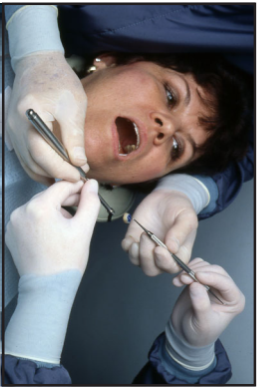
6. Bend clear sheet and hold against printed paper base between thumb and index finger of right hand.



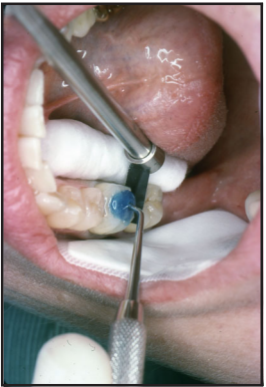
11. Slowly release thumb button to completely grip test ribbon tightly.



12. With a small quick jerk, pull ribbon toward you to release ribbon from adhesive in ribbon packet.



13. Methods may be used to control saliva, such as cotton rolls.



15. While ribbon is held in interproximal contact area, seat restoration on tooth. After restoration has been seated pull gently on ribbon with Forcep.



17. If contact is too heavy, lift restoration slightly from tooth to release test ribbon. Heavy contact area which needs adjustment is shown by deposit of dye.



14. Place ribbon vertically at either mesial or distal interproximal contact area of restoration. In photograph, ribbon has been placed distally.



16. If contact pressure is proper, ribbon can be pulled from contact area with only light resistance. If contact pressure is too heavy, ribbon resists removal and may even tear. If contact is shy, ribbon will have no resistance at all



18. Hold restoration securely with thumb and index finger of left hand while adjusting heavy contact.



Proxi-Fit™ Instructions

(For Marking Interproximal Contacts)



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